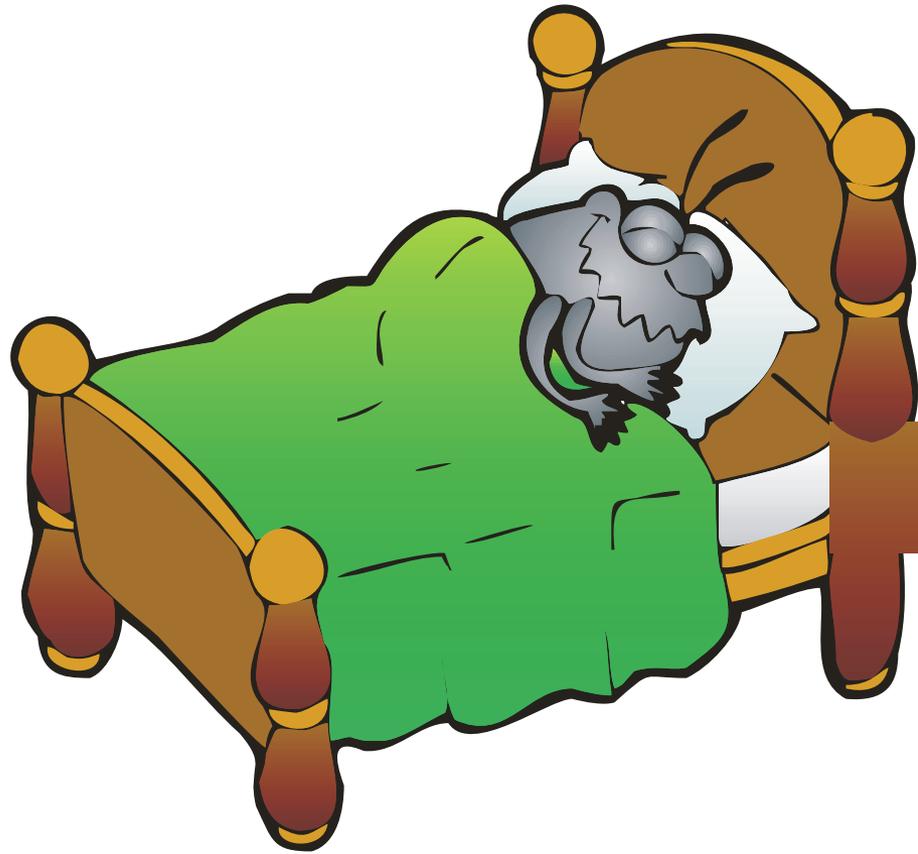


There is strong evidence that this tiny critter causes asthma.

Triggers of Asthma

- There is strong evidence that this tiny critter causes asthma.



Using these reduces your exposure
to dust mites in bed.

Dust mite (allergen) covers
on pillow and mattress

Reducing Risk

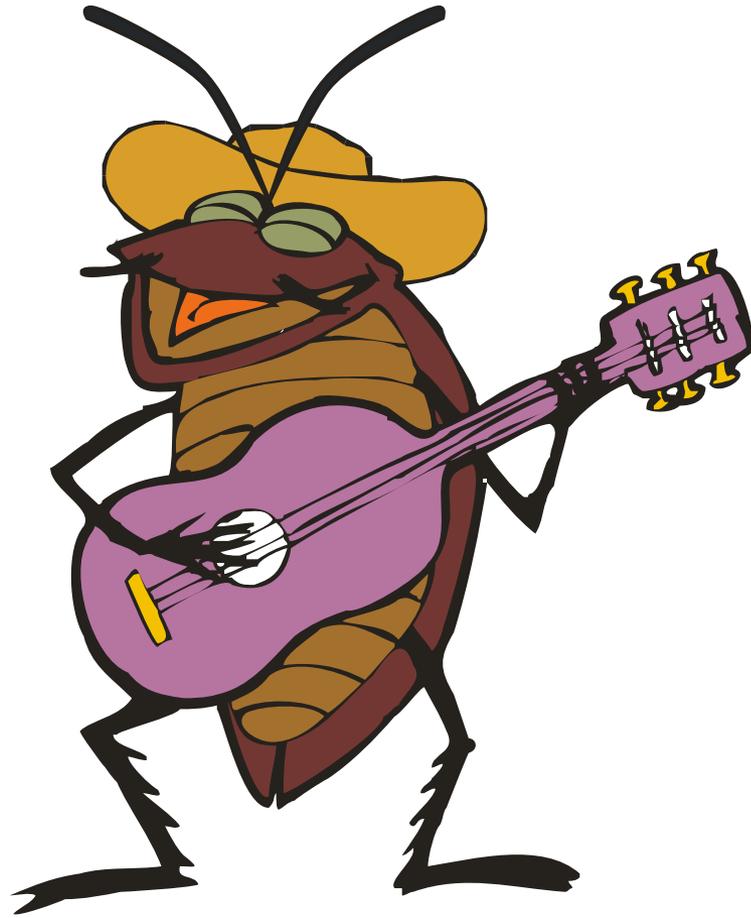
- Using these reduces your exposure to dust mites in bed.



This trigger likes to grow on damp surfaces.

Triggers of Asthma

- This trigger likes to grow on damp surfaces.



This trigger's body parts
and droppings make
asthma worse.

Triggers of Asthma

- This trigger's body parts and droppings make asthma worse.



This trigger's dander and
saliva make asthma
worse.

Triggers of Asthma

- This trigger's dander and saliva make asthma worse.



Babies exposed to this in the womb are more likely to develop asthma.

Triggers of Asthma

- Babies exposed to this in the womb are more likely to develop asthma.



This pollutant can make
allergic responses more
severe.

Triggers of Asthma

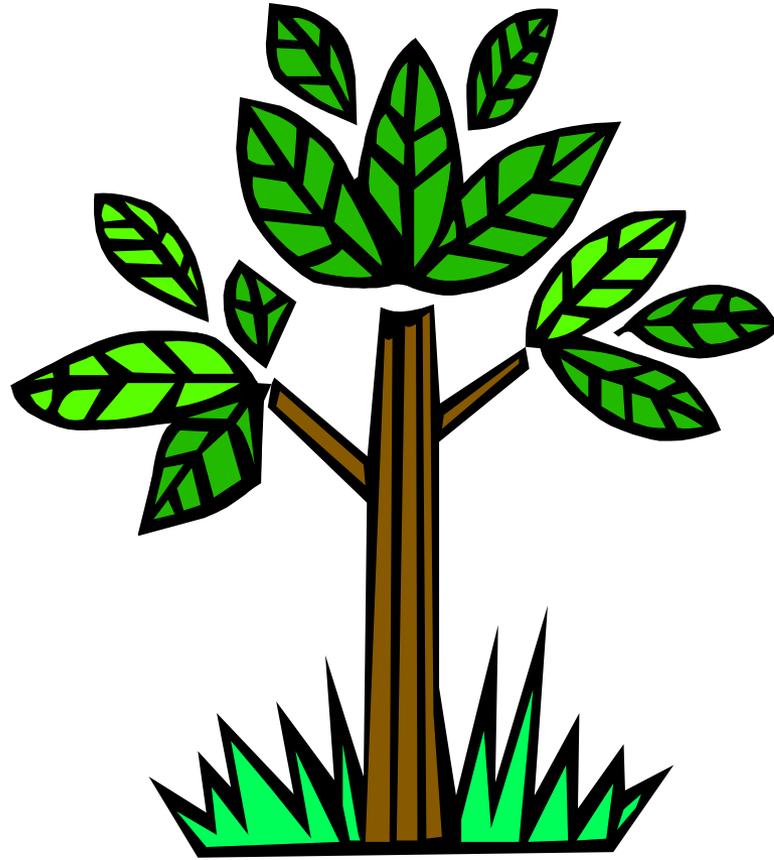
- This pollutant can make allergic responses more severe.



People living near here are
at greater risk of asthma.

Triggers of Asthma

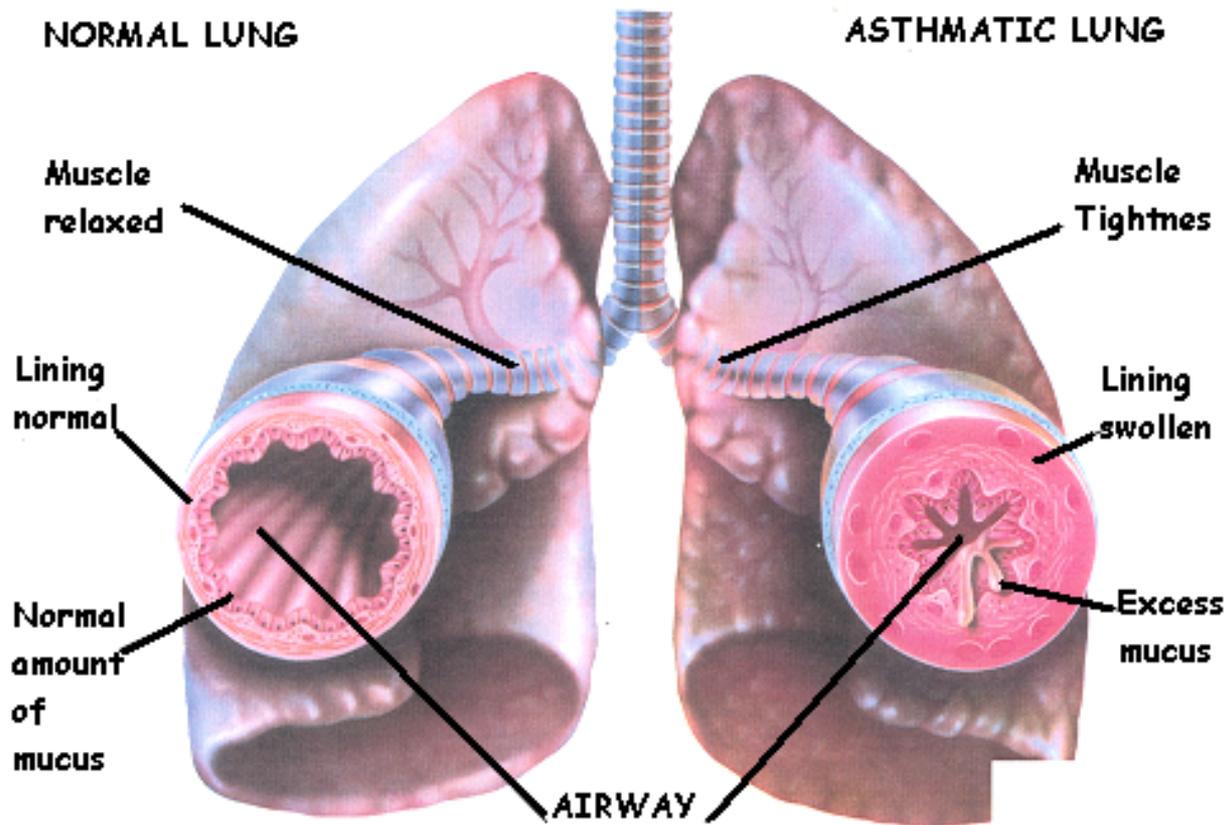
- People living near here are at greater risk of asthma.



This trigger is found
outside and the levels
vary by season.

Triggers of Asthma

- This trigger is found outside and the levels vary by season.

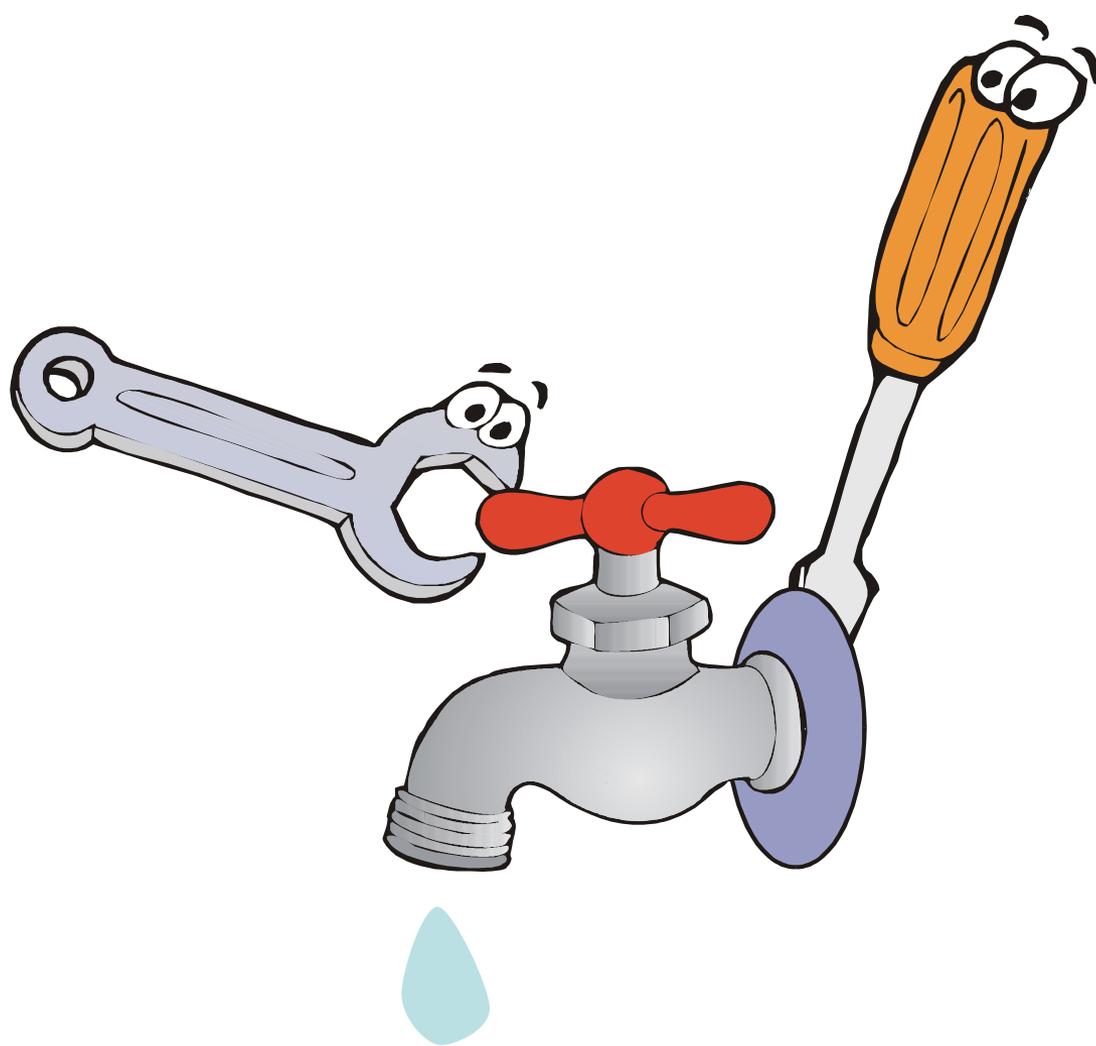


When you have asthma symptoms, this happens.

Airways close up or contract.
Bronchial tubes constrict.

Symptoms of Asthma

- When you have asthma symptoms, this happens.



Fixing this helps to control dust mites, cockroaches and mold.

Leaks/moisture

Reducing Risk

- Fixing this helps to control dust mites, cockroaches and mold.

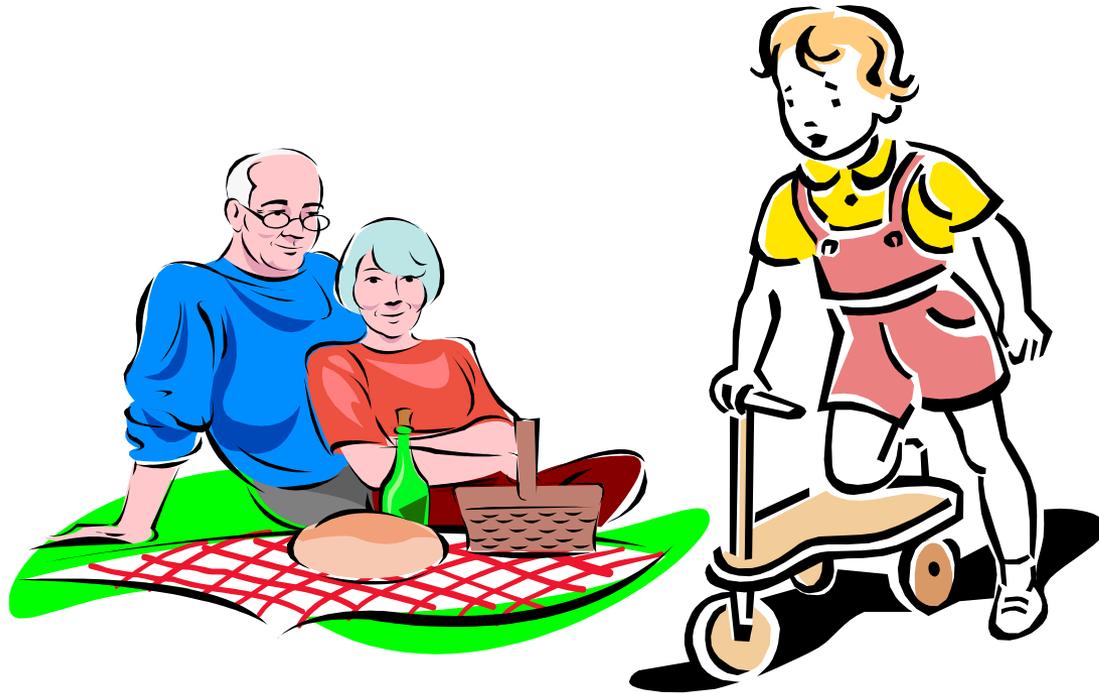


Weekly washing and drying at high temperatures helps kill this trigger.

Dust mites in bedding and stuffed toys

Reducing Risk

- Weekly washing and drying at high temperatures helps kill this trigger.



Doctors worry about exposure to air pollution in these two groups of individuals, especially if they have asthma.

Susceptible groups

- Doctors worry about exposure to air pollution in these two groups of individuals, especially if they have asthma.



Asthma occurs more often in these populations.

Inner city/low-income/some minorities

Susceptible groups

- Asthma occurs more often in these populations.

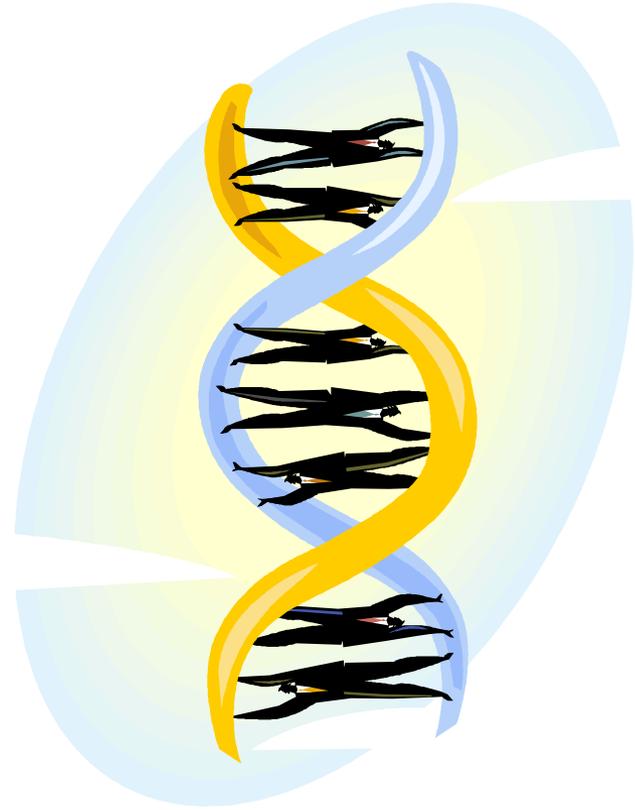


The prevalence or rate of
asthma is

On the rise or increasing

Trends

- The prevalence or rate of asthma is



You receive these from your parents and they may increase your chance of asthma/allergies.

Susceptibility

- You receive these from your parents and they may increase your chance of asthma/allergies.